



City and County of San Francisco
Edwin M. Lee, Mayor

San Francisco Department of Public Health

Barbara A. Garcia, MPA
Director of Health

Director's Report for Health Commission Meeting of October 4, 2016

A current overview of issues affecting the state of public health in San Francisco
<https://www.sfdph.org/dph/comupg/aboutdph/insideDept/dirRpts/default.asp>

Safe Speeds SF Campaign in support of Vision Zero

The SFDPH, SFMTA and SFPD joined on September 29 to announce the Safe Speeds SF Campaign in support of Vision Zero, the City's goal to eliminate all traffic deaths by 2024. Starting in October and continuing for an entire year, there will be a new, strategic speed enforcement initiative on San Francisco's high-injury and high-speed corridors. Using data that revealed high rates of speeding and collisions with people on bikes and walking, the Safe Speeds SF speeding enforcement zones were identified by the SFMTA, the Department of Public Health, SFPD and a steering committee that included community advocacy groups. Safe Speeds SF has been made possible by 2 million dollars in federal grants, which the SFMTA secured through California's Active Transportation Program.

The enforcement campaign includes:

- Citations generated by LIDAR (Light Detection and Ranging) speed detection units, ensuring that enforcement is focused on unsafe speeding, not on individuals.
- Weekly traffic enforcement surge of approximately 132 hours a week for 52 weeks. This surge will include 48 corridor enforcement and education events on 12 high injury corridors.
- Education via media and grassroots outreach.
- Evaluation using measurements before, during and after campaign to assess effectiveness.

Preparing for Public Health Accreditation Site Visit Interviews

Staff from all DPH divisions recently attended workshops organized by the Population Health Division with the goal of preparing for the upcoming November site visit by the Public Health Accreditation Board. Workshops began with a review of lessons learned from a recent mock site visit. Staff then broke into groups to prepare statements in response to questions that came up during the mock site visit. The information will be compiled and teams will be established to represent each area or “domain.” The site visit will serve several purposes: to verify the accuracy of documentation submitted, to seek answers to questions regarding standards and measures conformity and to provide opportunity for discussion and explanation. Our site visit is scheduled for November 14 and 15.

Zuckerberg San Francisco General is the first LEED Gold Trauma Center in California

The results are in and Zuckerberg San Francisco General building 25 has been awarded LEED Gold. LEED, or Leadership in Energy & Environmental Design, is a green building certification program that recognizes best-in-class building strategies and practices. LEED certified buildings save money and resources and have a positive impact on the health of occupants, while promoting renewable, clean energy. LEED certification means healthier, more productive places, reduced stress on the environment by encouraging energy and resource-efficient buildings, and savings from increased building value and decreased utility costs. Congratulations to the rebuild team and all of the people involved including Terry Saltz and his team at ZSFG, and those at DPW, ARUP, Fong + Chan Architects, Webcor, Gayner Engineers, and Department of the Environment.

Quality Improvement at Zuckerberg San Francisco General

On Friday, September 23rd, Urgent Care reported out on their recent 3P (Production, Preparation, Process) improvement event which focused on preparing to move into their new home in Building 5. During this event, the Urgent Care Center team focused on designing the ideal patient visit for both scheduled and drop-in patients. This multidisciplinary team simulated and tested different processes in their new space, and focused on ensuring that patients receive safe, high quality care at all times. They also began to revise and develop new workflows in collaboration with supporting services, such as the emergency department, imaging and clinical lab.

Laguna Honda Patient (Resident) Education Series

As a new initiative this fiscal year, Laguna Honda’s Nursing department is coordinating an education series for residents every Friday at 2pm in the Art Studio. Nursing and other care providers, including clinical nutrition, activity therapy, and rehabilitation services (physical and occupational therapy) are providing education to residents, guests and their families on a variety of topics to enhance their stay at Laguna Honda and to equip them with knowledge and skills in preparation for their discharge back to community.

These resident-centered classes are an opportunity for participants to gain a better understanding of health and wellness related issues that impact their well-being. The series began in July 2016

and has included a variety of topics such as hydration, diabetes and smoking cessation. Since the series began, residents have provided positive feedback as well as ideas for future topics.

Security Enhancements at Laguna Honda

Under the leadership of Basil Price, DPH Director of Security, the Laguna Honda Campus Safety and Security Committee meets monthly and tracks progress in implementing security improvements. Two recent enhancements are now in process with the goal of completion by end of September 2016. The first is installation of Sheriff's Buttons in patient living rooms, as part of a collective effort to provide safe neighborhoods for residents and staff. Once pressed and activated, an immediate notification will be sent to the Sheriff's Office to respond to the situation on the appropriate unit. Video-enabled intercoms are also being installed in Human Resources, Environmental Services and Facilities, and Administration. These will allow visitors to request entry access by pressing a button, and staff inside will have the ability view and talk with the visitor and provide entry upon approval.

Healthy Mothers Workplace Awards

San Francisco celebrated two new family-friendly work policies and 43 employers with its "Healthy Mothers Workplace Awards" held on Tuesday, September 27. The Healthy Mothers Workplace Coalition includes representatives from the Legal Aid Society – Employment Law Center, SF Breastfeeding Promotion Coalition, SF Department of Public Health, SF Department on the Status of Women, UCSF, US Department of Health & Human Services Office on Women's Health, and others. The Coalition also celebrated the passage of two local policies it supported: the Paid Parental Leave Ordinance signed by Mayor Ed Lee in April and the Lactation in the Workplace policy signed in July; together, these policies support new families by guaranteeing paid parental leave up to six weeks and ensuring access to breastfeeding by providing dedicated spaces at work. Our own Maternal Child and Adolescent Health and Zuckerberg San Francisco General were recognized at the event for their family-friendly work policies.

Substance Use Research Unit Awarded Grants

The Community Health Equity and Promotion Division's Substance Use Research Unit, directed by Dr. Phillip Coffin, has been awarded three grants addressing the opioid crisis. The first, a grant from the National Institute on Drug Abuse, is a cohort study of patients on opioids for chronic pain. The second, from the Centers for Disease Control, addresses use of illicit opioids among patients who are discontinued from prescribed opioids. The third, from the National Institute on Drug Abuse, supports further research into opioid use patterns among chronic pain patients. Please join us in congratulating Dr. Coffin and his team on this achievement for such an important field of study.

Assisted Outpatient Treatment (AOT) Update

The AOT Care Team is excited to welcome two interns to the team. Shirley Cherry and Cate DeGraw are both enrolled with the City College Community Health Worker Certificate program and will be working with the AOT Care Team for the fall semester. Shirley has mentored and supported both gender and ethnically diverse populations through the GLIDE Foundation and other communities throughout the city. Cate is supporting the Family Liaison, and looks forward

to bringing her volunteer experience of working with families and on a crisis hotline to support AOT participants to find renewed hope and enjoy a better quality of life.

Shape UP San Francisco 10 Year Anniversary Symposium

Since 2006, Shape Up San Francisco has been working to prevent chronic disease through programs and systems level change among those that experience the greatest health disparities including African American, Latino and Asian populations. Over the past decade, collectively, we've made tremendous impact... and have a great distance yet to go. Hear from health warriors on the ground, policymakers and city leaders, including Dr. Sandra Hernandez, of the California Health Care Foundation, Director Barbara Garcia, and other health care leaders as we discuss ideas for the future of chronic disease prevention and healthy communities at a symposium celebrating 10 years on October 13, 2016, from 9:30am – 4pm in the Green Room at the War Memorial Building. Register today at www.susf10yr.eventbrite.com.

Sixth Annual Mental Health Services Act (MHSA) Awards Ceremony

In collaboration with consumers and community members, MHSA will be holding their sixth Annual Mental Health Services Act (MHSA) Awards Ceremony. The Ceremony honors the achievements of current and former behavioral health consumers in San Francisco MHSA-funded programs. All staff and peers from these programs have been invited to nominate individual consumers and teams. Achievements may include, but are not limited to; advocacy work, securing employment, rebuilding family connections, pursuing educational goals, or improving overall wellness. This year's ceremony will be held on Tuesday October 25th, 2016 from 10 AM - 1 PM at the Scottish Rite Masonic Center at 2850 19th Ave. Please come and join us in celebrating the many successes of the peers and consumers of MHSA. For more information, please contact Jeanne Kwong at: jeanne.kwong@sfdph.org or (415) 255-3427. We hope to see you there!

LEGACY (Lifting and Empowering Generations of Adults, Children and Youth)

LEGACY works with parents/caregivers whose children are involved in one or more of the following systems: mental health, foster care, special education or juvenile justice. They also assist transitional aged youth from 14-21 years of age who are or have been involved in those systems and can benefit from mentoring and navigation services. Recently, they held a "Parent Café" series where parents were offered parenting support and information. On August 18th, staff participated in the "B-Magic Back to School Event" in the Bayview. This is an annual event where school aged children are given backpacks, school supplies and uniforms so that they will be prepared for the new school year. They will also be starting another Girl's Group beginning October 19th for girls in grades 8 to 10, from 4-6pm on Wednesday evenings. This support group will focus on self-esteem issues such as body image and healthy relationships.

Project Homeless Connect 65

Project Homeless Connect (PHC) was formed in 2004 by then-Mayor Gavin Newsom and our Department of Public Health. It is a one-stop shop service event where individuals experiencing homelessness can access critical resources such as Medi-Cal, dental and vision care, and employment assistance. By mobilizing city and community agencies, as well as thousands of volunteers, we are able to ensure that our participants receive holistic care in a dignified

setting. Join 150 service providers for the 65th PHC on Wednesday, Oct 19th as a [volunteer](#), or participate in the hoodie drive by dropping off gently used hoodies, jackets or coats sized L-4XL to the event. You can also email the PHC Director of Resources [here](#) to arrange ways to give.

Cal Mental Health Services Act (CalMHSA) Directing Change Program Film Contest

The CalMHSA Directing Change Program film contest offers schools the chance to educate their students and staff about suicide prevention and mental health so that they can better understand suicide warning signs, the importance of caring for your mental health, and how to help and stand up for others who may be in distress. For the past four years, San Francisco students have entered nine films in this statewide contest – with the film “The Language of Healing” (<https://youtube/ULuMmtXdOVU>) winning first place statewide in 2016 and the film “Real World” (www.youtube.com/watch?v=FcoNDyEE-ks) winning first place regionally in the Suicide Prevention category in 2015. For more information about Directing Change and its film contest, visit www.directingchange.org.

SFDPH in the News:

Preventing Falls in Elderly Patients highlights Zuckerberg San Francisco General’s innovative Acute Care for Elders Unit:

<https://essentialhospitals.org/taking-a-stand-to-prevent-falls-in-elderly-patients/>

An article in New America Media references Dr. Margot Kushel, professor of medicine at UCSF/Zuckerberg San Francisco General and senior author of an August 2016 study that demonstrates that difficult childhood experiences, like neglect, abuse, and involvement in the child welfare system, are associated with poor mental health outcomes.

<http://northdallasgazette.com/2016/09/19/youth-treating-mental-health-symptoms-not-problem/>

Claim Filed against SF by woman paralyzed by falling tree limb:

<http://www.sfgate.com/bayarea/article/Woman-paralyzed-by-falling-tree-limb-files-claim-9232448.php>

An article in Pain Medicine News outlines the curbing effects of Naloxone on Opioid-Related Emergency Department Visits, references research by Dr. Phillip Coffin, Director of Substance Use Research at SFDPH:

<http://www.painmedicinews.com/Clinical-Pain-Medicine/Article/09-16/Naloxone-Curbs-Opioid-Related-Emergency-Department-Visits/37767>

San Francisco on Track to Eliminate HCV:

<http://www.hcplive.com/conference-coverage/usca-2016/san-francisco-on-track-to-eliminate-hcv>

HIV Rates Hit Low but Racial Disparities Persist:

<http://www.sfgate.com/health/article/HIV-infections-in-SF-hit-low-but-drive-misses-9196359.php>

Bay Area Reporter: Men at high risk of STIs seek PrEP:

<http://www.ebar.com/news/article.php?sec=news&article=71904>

Vision Zero in the Tenderloin: Safe Streets for Seniors in San Francisco Bay Times
<http://sfbaytimes.com/seniors-improving-safety-in-the-tenderloin-and-getting-paid/>

SF Examiner: City Seeking Cure for Health Disparities in SROs:
<http://www.sfexaminer.com/city-officials-seek-cure-health-disparities-sros/>

Tenderloin health efforts break from tradition as support for supervised injection sites grows:
<http://www.sfexaminer.com/tenderloin-health-efforts-break-tradition-support-supervised-injection-sites-grows/>